

## Selected Z Quote # 1 – Vendidād 5.21

===== Today: May 15th 2013 – Shehenshahi Mah (Month) Dae – Kadmi Mah  
Behman – Roj Hormuzd Y.Z. 1382 – Fasli Mah Ardibehesht Roj Aastaad Y.Z. 1382

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Yaozhdāo masyāi aipī zāthem vahishtā.  
hō yaozhdāo zarathushtra yō daēna mazdayasnish.  
yō hvām anghvām yaozhdāiti, humatāishcha hūkhtāishcha  
hvarshtāishcha. (Vendidād 5.21)

O Zarathushtra! Purity /Righteousness is the best thing for a man from his very birth.

Purity/Righteousness is the essence of Mazdayasni religion.

Any person can clear his conscience through good thoughts, good words, and good deeds.

(From “*Moral Extracts From Zoroastrian Books*” by Sir Jivanji Jamshedji Modi and Er. Dr. Ramiyar Parvez Karanjia, 2002)