

**MY ENGLISH POCKET BOOK
OF
NIRANGS**
(Short Zoroastrian Prayers)



*(Pray your way to Success, Health,
Prosperity, and Joy.)*

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- Passages from the Avesta checked against Geldner's edition.
- Fragments checked against Westergaard's edition of the Avesta.
- Footnotes and references added by JHP.
- **Highlighted text** indicates text is not checked against other sources.



“NIRANGS”

(Capsule Zoroastrian prayers)

Attain success

Ward off evil influences

Enjoy good health

Experience inner peace & joy

Feel spiritually protected

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BOOK OF EFFICACIOUS NIRANGS

(from Gujarati script to Roman script)

The above mentioned book was published in Gujarati script about twenty years back, and thereafter several editions were published with additional Nirangs.

NECESSARY EXPLANATIONS REGARDING NIRANGS

It is necessary to give some explanations and guidance to our dear co-religionists regarding the Nirangs contained in this book. These Nirangs are prayers culled from Pazand or Avesta, and prefixed and suffixed by Avesta prayers.

The term ‘Nirang’ or ‘Niruk’ occurs in Pahlavi and Persian languages, and means “strength, ability, power”. However, the word is also used in a wider sense for “short efficacious prayers”, “new things”, and “miracles”.

It is necessary to know that the recitation of Nirangs is beneficial to the body, mind, and the soul. To get the full benefit the reciter should pray it with devotion, full faith in Ahura Mazda, and with due observance of rules of ethics, piety, concentration, food, and mode of living. The Nirangs should not be considered a substitute for the Avesta prayers given in the *Khordeh Avesta*.

Nirangs can be recited for the benefit of self or others. If the reciter of Nirangs observes rules of ethics, piety,

concentration, food, and mode of living, he/she will get physical, mental, and spiritual benefits due to the effects of the prayer's colours, and vibrations, as these Nirangs are culled out 'ESSENCES' from larger longer prayers by sages and spiritual leaders.

In present times, several Zoroastrians suffer from physical and mental ailments. During troubled times, unawares of the great treasures lying in their own religion due to absence of proper understanding and guidance, they turn towards beliefs and teachings of other religion, visit their holy places and submit themselves to fake charlatans. Such misguided, misled Zoroastrians should pray their own Avesta prayers, which will definitely benefit them if prayed devotedly with full faith.

I make a fervent and humble appeal to my fellow Zoroastrians that they should turn to prayers like the Nirangs, from their own religion, and pray them with piety and full faith to alleviate their physical and mental sufferings. A Zoroastrian born in the Zoroastrian faith derives much benefit and solace by reciting Zoroastrian prayers on the basis of the 'Jhiram' of Zoroastrian religion.

NEED FOR PUBLISHING NIRANGS IN ENGLISH SCRIPT:

For last several years, particularly after formation of Maharashtra state, some devout Zoroastrians are unable to read Avesta prayers published in Gujarati script leading to an urgent demand for publishing them in the

Roman script. My ever helpful friend Ervad Keki Dosabhai Panthaki's wife Perin willingly carried out the task of preparing the book of Nirangs in Roman Script, without any financial gain for which she deserves our sincere congratulations and gratitude.

The Nirangs were initially published in GujArati by the learned scholar late Ervad Phiroz Shapurji Masani (Solicitor) several years back. About twenty years ago, the late Mr. Parvez D. Chinoy, owner of Union Press, extended a helping hand in re-publishing some of these Nirangs. Mr. Parvez Chinoy passed away in 1990, and the work of publishing this book was continued by his worthy son Rohinton, who too passed away very recently.

The entire credit for preparing and publishing this book of Nirangs in Roman script should go to my friend Ervad Keki D. Panthaki. Before I conclude, I would like to thank Mrs. Rohinton Chinoy of Union Press, Mrs. Perin Keki Panthaki, Ervad Burjor R. Panthaki, Ervad Dr. Ramiyar P. Karanjia, and others who have extended a helping hand in seeing this work through.

If, by praying these Nirangs with devotion and sincerity, any benefit is derived by my co-religionists, I would consider that the aim of publishing this book has been fulfilled.

Ervad Rustom Noshirwan
Panthaki Ex-Principal,
Athornan Boarding Madressa,
Dadar, Mumbai.

June 1999

DADAR AHURA MAZDA NA 101 NAM¹

1. yazat	19. chimnā
2. harvisp-tavān	20. safinā
3. harvisp-āgāh	21. āwzā
4. harvisp-hudhā	22. nāshā
5. abadah	23. parvarā
6. awī anjām	24. āyānah
7. būnastah	25. āyaīn-āyānah
8. frākhtantah	26. an-āyanah
9. jhamagh	27. khraoshīt-tum
10. parjahtarah	28. mīnō-tum
11. tum-afayah	29. vāsnā
12. abravant	30. harvastum
13. parvandah	31. hu-sipās
14. an-ayāfah	32. har-hēmīt
15. ham-ayāfah	33. har-nēk-fareh
16. ādharō	34. bēsh-tarnā
17. gīrā	35. tarōnīs
18. achim	36. anaoshak

¹ 101 names of Ahura Mazda.

37. farashak	57. hamchūn
38. pazohadhad	58. mīnō-stīgar
39. khavāpar	59. a-mīnōgar
40. awakhshāyā	60. mīnō-nahab
41. awarzā	61. ādhar-bātgar
42. ā-sitōh	62. ādhar-namgar
43. rakhōh	63. bāt-ādhargar
44. varūn	64. bāt-namgar
45. a-frīpah	65. bāt-gēlgar
46. awē-frīftah	66. bāt-girdtum
47. adhvai	67. ādhar-kībarīt-tum
48. kāme-rat	68. bātgarjāi
49. farmān-kām	69. āwtum
50. āyēkhtan	70. gēl-ādhargar
51. ā-framōsh	71. gēl-vādhgar
52. hamārnā	72. gēl-namgar
53. snāyā	73. gargar
54. a-tars	74. garōgar
55. a-bīsh	75. garāgar
56. a-frāzdum	76. garāgargar

77. a-garāgar	90. vaspañ
78. a-garāgargar	91. vaspār
79. a-gūmān	92. hāwar
80. a-jamān	93. ahū
81. a-huān	94. āwakhshīdār
82. āmusht-hushyār	95. dādhār
83. frashūtanā	96. rayomand
84. padhamāni	97. harehmand
85. pīrōzgar	98. dāwar
86. hudhāvand	99. kerfagar
87. ahuramazda	100. bukhtār
88. abarīn-kuhan-tavān	101. frashōgar
89. abarīn-nō-tavā	

NIRANG OF DADAR AHURA MAZDA, ASHO SAROSH YAZAD, AND ASHAONAM FRAVASHINAM

(The reciter of this Nirang gets divine help from Dadar Ahura Mazda, Asho Sarosh Yazad, and Ashaonam Fravashinam. No evil entity is able to get control over the prayee. Preferably this Nirang is to be recited in the

Havan gah. However, it could be prayed in any convenient gah.)

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahuratkaēshō, (*Recite the prevailing gah*) ahurahe mazdao raēvatō khvarenanguhatō, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchit hacha, frā ashava vīdhvao mraotū.

ahurem mazdam raēvantem khvarenanguhantem yazamaide, āat² mraot ahurō mazdao, frakhshtya nāma ahmi, ashāum zarathushtra; bityō vāthwyō, thrityō atanuyō, tūrya asha vahishta, pukhdha vīspa vohu mazdadāhāta ashachithra, khshtvō yat ahmi khratush; haptathō khratumao ashtemō yat ahmi chistish, naumō chistivao;

dasemō yat ahmi spānō, aēvandasō spananguhao; dvadasō ahurō; thridasō sevishtō; chathrudasō imat vīdvaēshtvō; panchadasa avanemna; khshvash-dasa hāta-marenish; haptadasa vīspa-hishas; ashtadasa baēshazyā; navadasa yat ahmi dātō; vīsāstemō ahmi yat ahmi mazdao nāma.

pāyushcha³ ahmi, dātācha thrātācha ahmi, zhnātācha mainyushcha ahmi spentōtemō baēshazyā nāma ahmi, baēshazyōtema nāma ahmi āthrava nāma ahmi, āthravatema nāma ahmi , ahura nāma ahmi, mazdao nāma ahmi, ashava nāma ahmi, ashavastema nāma

2 Yt1.7-8.

3 Yt1.12-15.

ahmi, khvarenangha nāma ahmi, khvarenanguhastema nāma ahmi, pouru-darshta nāma ahmi, pourudarshtema nāma ahmi, dūraēdarshta nāma ahmi, dūraēdarshtema nāma ahmi.

spashta nāma ahmi, vīta nāma ahmi, dāta nāma ahmi, pāta nāma ahmi, thrāta nāma ahmi, zhnāta nāma ahmi, zhnōishta nāma ahmi, fshūmao nāma ahmi, fshūshe-māthra nāma ahmi, ise-khshathra nāma ahmi; ise-khshathryōtemō nāma ahmi, nāmō-khshathrō nāma ahmi, nāmō-khshathryōtemō nāma ahmi.

adhavish nāma ahmi, vīdhavish nāma ahmi, paitipāyush nāma ahmi, tbaēshō-taurvao nāma ahmi, hathravane nāma ahmi, vīspavane nāma ahmi, vīspatashe nāma ahmi, vīspa-khvāthra nāma ahmi, pouru-khvāthra nāma ahmi, khvāthravao nāma ahmi.

verezi-saoka nāma ahmi; verezi-savao nāma ahmi; sevī nāma ahmi; sūrao nāma ahmi, sevishta nāma ahmi, asha nāma ahmi, bereza nāma ahmi, khshathrya nāma ahmi, khshathryōtemo nāma ahmi, hudānush nāma ahmi, hudānushtemō nāma ahmi, dūraē-sūka nāma ahmi, taoscha imao nāmenīsh.

ashem vohū ... (1).

nemem⁴ kavaēm khvarenō, nemō airyene vaējahi, nemō saoke mazdadħāite, nemō ape dāityayao, nemō areduyao apō anāhitayao nemem vīspayao ashaonō stōish.

yathā ahū vairyō ... (4). ashem vohū ... (3).

4 Yt1.21.

ahunem⁵ vairīm yazamaide, ashem vahishtem sraēshem ameshem spentem yazamaide. amemcha thrememcha aojascha verethremcha khvarenascha zavarecha yazamaide, ahurem mazdām raēvantem khvarenanghuantem yazamaide.

yenghē hātām āat yesne paitī vanghō, mazdao ahurō vaēthā ashāt hachā, yaonghāmchā tāscha taoschā yazamaide.

yathā ahū vairyō ... (2).

yasnemcha vahmemcha aojascha zavarecha āfrīnāmi, ahurahe mazdao raēvatō khvarenanguhatō, ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū

NIRANG FOR DESIRING HEALTH

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahuratkaēshō (*Recite the prevailing gah*) ashahe vahishtahe⁶ sraēshtahe airyamanō ishyeye sūrahe mazdadīhātahe saokayao vanghuyao vouru-dōithrayao mazdadīhātayao ashaonyao, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

5 Yt1.22.

6 Sr1.3.

ashem vahishtem⁷ sraēshtem ameshem spentem
yazamaide, airyamanem ishīm yazamaide, sūrem
mazdadħātem yazamaide; saokām vanguħīm vouru-
dōithrām mazdadħātām ashaonīm yazamaide.

⌚ Yāt⁸ yūshta framīmathā yā mashyā achishtā
dantō, vakhshentē daēvō-zushtā vangħeush sīzdyamnā
manangħō, mazdao ahurahyā khratēush nasyantō
ashāatchā ⌚ (7 times.)

yathā ahū vairyō ... (2).

yasnemcha vahmemcha aojascha zavarecha āfrīnāmi,
ashahe vahishtahe sraēshtahe airyamanō ishyehe sūrahe
mazdadħātahe saokayao vanghuyao vouru-dōithrayao
mazdadħātayao ashaonyao. ashem vohū ... (1).

ahmāi raēscha ... hazangħrem ... jasa-mē avanghe
mazda ... kerfeħ mozd ... ashem vohū

SHAH FARIDUN'S NIRANG

(One should, if possible, on every Behram roj offer a piece of sandal wood (sukhar), light a diva, and ask forgiveness for one's sins, and promise to try and live a life of "Ashoi" (righteousness) and useful life.

Shah Faridun's Nirang helps to ward away evil spirits, black magic, and the bad stars of our horoscope, and helps us in giving Good Health, our Daily Bread, and fulfil our wishes. This prayer should

7 Sr2.3.

8 Y32.4.

be prayed sincerely and in full faith, and time alone will show the power and force of this prayer.)

yathā ahū vairyō ... (5). ashem voḥū ... (3).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahura-tkaēshō.

(*Recite the prevailing gah*) thraētaonahe⁹ āthwyānō ashaonō fravashehe khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchit hacha, frā ashava vīdhvao mraotū .

gadhwā kurō kurō tarewani karapanō rathwyasnām bukhtā mahi.

nām-i¹⁰ yazad nām-i nīv khureh farīdun, farīdun, āthwyān basta-hom dām dehan in hanāē az ganāmino va divān va darujān va jāduān va fryān va khrafastarān pa zōr ādar mino-karko, pa zōr ādarān ātashan, pa zōr akhtarān awākhtarān. tan-darōsti bād.

nēkī bād, hub bād! ēdūn bād. yathā ahū vairyō ... (5).; ashem voḥū ... (3).

yathā ahū vairyō ... (2). yasnemcha vahmemcha aojascha zavarecha āfrīnāmi. thraētaonahe¹¹ āthwyānōish ashaonō fravashīm¹². ashem voḥū...

9 FrW II.1.

10 Compare Kanga 1900 p. 145; Kanga & Kanga 2014 p. 305, Vanant Yasht.

11 Yt13.131.

12 Chinoy: fravashahē.

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem voħū

NIRANG OF MUSHKIL-ASAN BEHRAM YAZAD

The Behram Yazad Prayer is a powerful prayer to give strength, success, and victory over Evil Spirits, and “Mushkel Asan” Behram Yazad in his mysterious ways will help those who pray to him with true & sincere feelings and faith.

khshnaothrā ahurahe mazdao. ashem voħū ... (3).

fravarāne mazdayasnō zarathushtish vīdaēvō ahura-tkaēshō (*Recite the prevailing gah*) ahurahe mazdao raēvatō khvarenanguhatō, ameshanām spentanām; amahe hutāshtahe huraodhāhe verethraghnahe ahuradhātahe, vanaintyaoscha uparatātō, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

ahurem mazdām raēvantem khvarenanguhantem yazamaide; ameshā spentā hukhshathrā hudhaonghō yazamaide, verethraghnem ahuradhātem yazamaide, vanaintīmcha uparatātem yazamaide.

▣ amemcha¹³ verethraghnemcha āfrīnāmi dva apātāra,¹⁴ dva nipātāra; dva nish-haretāra, dva adhwōzhen dva vīdhwōzhen dva fradhwōzhen, dva

13 Yt14.45.

14 Chinoy: pātāra.

āmarezen, dva vīmarezen, dva framarezen. yathā ahū vairyō ... (1).  (*Pray 7 times*)

yathā ahū vairyō ... (2). yasnemcha vahmemcha aojascha zavarecha āfrīnāmi, ahurahe mazdao raēvato khvarenanguhatō ameshanām spentanām: amahe hutāshthahe huraodhahahe verethraghnahe ahuradhātahe, vanaintyaoscha uparatātō.

ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū

NIRANG TO AVERT THE ILL EFFECTS OF SATURN AND RAHU

(*This Nirang helps to avert the ill effects of Saturn and Rahu and other malefic planets.*)

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahuratkaēshō,

(*Recite the prevailing gah*)

sraoshahahe ashyehe takhmahe tanumāthrahe darshi draosh āhūiryehē, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha. yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchit hacha, frā ashava vīdhvao mraotū.

sraoshem ashīm huraodhem verethrājanem frādat-gaēthem ashvanem ashahe ratūm yazamaide.

ahunem vairīm tanūm pāiti,
ahunem vairīm tanūm pāiti,
ahunem vairīm tanūm pāiti,
yathā ahū vairyō ... (1).

(*Recite full Kem na mazda*)

▮ yātu-zī¹⁵ zarathushtra vanat daēvō mashyō, kō
nmānahe bādha spitama zarathushtra, vīspa drukhsh
janāiti, vīspa drukhsh nāshāiti, yatha hō nō aētaēshām
vachām.

aoi-tē aoi tanvō dadhāiti, aoi-tē athaurunem janāiti,
athaurunem yatha rathaēstārem, vīspa-nō asrushtē
nāshātanām aojangha yō hīm daste dārenem, yōi haptā
ameshao spenta hukhshathra hudhaonghō
hamarethanāmchit, daēnām māzdayasnīm, aspō-
kehrpām āpem mazdadātām ashaonīm yazamaide.

ātare-vitare-maiybā, vitare-maiybā vīmraot
zarathushtra ātare-vitare-maibyaschit, vitare-
maibyaschit vīmraot zarathushtra, yat vanghēush
mananghō, yat aithyejanghem vachām, fraspāvaresh
frācha framerethwacha frajāthwacha.

satavata satē-vita¹⁶ utavata utē-vita, uta apa-barenuta
yatha bastem fravashnām daēnām māzdayasnīm
nāshātanām aojangha.

ashem vohū ... (1). □ (Recite 7 times)

15 Yt2.11-14.

16 Chinoy: vata.

yathā ahū vairyō ... (5). ashem voḥū ... (3).

kehrpem¹⁷ sraoshahe ashyehe yazamaide, kehrpem rashnaosh razishtahe yazamaide, kehrpem mithrahe vouru-gaoyaoitōish yazamaide, kehrpem vātahe ashaonō yazamaide, kehrpem daēnayao vanghuyao māzdayasnōish yazamaide, kehrpem arshtātō frādat-gaēthayao varedat-gaēthayao savō-gaēthayao yazamaide, kehrpem ashōish vanghuyao yazamaide, kehrpem chistōish vanghuyao yazamaide, kehrpem razishtayao chistayao yazamaide,

kehrpem vispaeshām yazatanām yazamaide, kehrpem māthrahe spentahe yazamaide, kehrpem dātahe vīdaēvahē yazamaide, kehrpem dareghayao upayanayao yazamaide, kehrpem ameshanām spentanām yazamaide, kehrpem ahmākem saoshyantām yat bipaitishtanām ashaonām yazamaide. kehrpem vīspayao ashaonō stōish yazamaide.

ashem voḥū ... (1). yathā ahū vairyō ... (2).

yasnemcha vahmemcha aojascha zavarecha āfrīnāmi, sraoshahe ashyehe takhmahe tanumāthrahe darshi draosh ahūiryehē.

ashem voḥū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem voḥū

17 Yt11.21-22.

NIRANG OF MINO RAM FOR REMEMBERING NAMES OF DADAR AHURA MAZDA

(Note: This Nirang of Mino Ram helps join broken things. It helps the soul in reaching its original divine form, it heals wounds, brings about compromises in fightings and misunderstandings, and unites those who have separated).

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahura-tkaēshō, *(Recite the prevailing gah)*

rāmanō¹⁸ khvāstrahe, vayaosh uparō-kairyehē taredhātō anyāish dāmān. aētat tē vayō yat tē asti spentō-mainyaom. thwāshahe khvadhātahe zrvānahe akaranahe zrvānahe dareghō-khvadhātahe, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

rāma¹⁹ khvāstrem yazamaide, vaēm ashavanem yazamaide, vaēm uparō-kairīm yazamaide, taradhātem anyāish dāmān, aētat tē vayō yazamaide yat tē asti spentō-mainyom, thwāshem khvadhātem yazamaide, zrvānem akaranem yazamaide, zrvānem daregō-khvadhātem yazamaide.

(1) yazāi²⁰ apemcha baghemcha yazāi ākhshtīm hām-vaintīmcha suyāmcha kataremchit, tem vaēmchit

18 Sr1.21.

19 Sr2.21.

20 Yt15.42.

yazamaide, tem vaēmchit zbayamahi, ahmāicha nmānāi, ahmāicha nmānahe nmānō-patēe, ahmāicha zaothrō-barāi aredrāi paiti-asti gēush vachahyehecha, hathravatahecha, paiti hamerathanām vahishtem yazatem yazamaide.

spentō-mainyaom raēvantem khvarenanghvantem, yazamaide.

(2) vayush²¹ bā nāma ahmi, ashāum zarathushtara, avat vayush bā nāma ahmi, yat va dāma vayemi, yascha dathat spentō-mainyush, yascha dathat angrō-mainyush.

(3) apayate nāma ahmi; ashāum zarathushtara, avat apayate nāma ahmi; yat va dāma apayemi, yascha dathat spentō-mainyush yascha dathat angrō-mainyush.

(4) vanō-vīspao nāma ahmi, ashāum zarathushtara, avat vanō-vīspao nāma ahmi, yat va dāma vanāmi, yascha dathat spentō-mainyush, yascha dathat angrō-mainyush.

(5) vohvarshte nāma ahmi, ashāum zarathushtara. avat vohvarshte nāma ahmi, yat vohū verezyāmi, dathushō ahurāi mazdāi ameshanām spentanām.

(6) frachare nāma ahmi, aipichare nāma ahmi, aipidhaoghe nāma ahmi; fraspao nāma ahmi; nispao nāma ahmi; dahake nāma ahmi, zinake nāma ahmi, vīdake nāma ahmi; vindikhvarene nāma ahmi.

(7) aurvō nāma ahmi, aurvōtemō nāma ahmi, takhmō nāma ahmi, takhmōtema nāma ahmi, derezrō nāma

21 Yt15.43-46-48.

ahmi, darezishtō nāma ahmi, aoji nāma ahmi, aojish nāma ahmi, upairitao nāma ahmi, upairispao nāma ahmi, hathravana nāma ahmi, āiniva nāma ahmi, vidaēvō-kare nāma ahmi, karedarese nāma ahmi.

(8) tarō-tbaēshō nāma ahmi; tbaēshō-tarō nāma ahmi, āyaozō nāma ahmi, pāyaozō nāma ahmi, vivaozō nāma ahmi saochahi nāma ahmi, buchahi nāma ahmi, bukhtish nāma ahmi, saidhish nāma ahmi, geredhō nāma ahmi, geredhyaokhdhō nāma ahmi, geredhikhavō nāma ahmi.

(9) tizhyarashte nāma ahmi, tizhyarastish nāma ahmi, perethvareshte nāma ahmi, perethvareshtish nāma ahmi, vaēzhyarshte nāma ahmi, vaēzhyarshtish nāma ahmi, khvarenao nāma ahmi, aiwi-khvarenao nāma ahmi.

(10) vayō²² aspaēshu vīraēshu, vīspaēshu, vimanekare vīspaēshu vīdaēvō-kare nitemaēshva gātushva hazangrō-temahvacha hām isemnem paidhyāiti.

(11) vayush²³ aurvō uskāt-yāstō, derezi-yaokhedhrō berez-padhō perethu-varō perethu-sraonish, anākhṛvidha-dōithre, yatha anyaoschit khshathrāt khshayamnao hamō-khshathrō-khshayamnao.

(12) vayō²⁴ aurva yazamaide, vayō takhma yazamaide, vaēm aurvanām aurvōtemem yazamaide, vaēm takhmanām takhmōtemem yazamaide, vaēm zaranyō-khaodhem yazamaide, vaēm zaranyō-pusem yazamaide,

²² Yt15.53.

²³ Yt15.54b.

²⁴ Yt15.57.

vaēm zaranyō-minem yazamaide, vaēm zaranyō-vāshem
yazamaide, vaēm zaranyō-chakhrem yazamaide, vaēm
zaranyō-zaēm yazamaide, vaēm zaranyō-vastrem
yazamaide, vaēm zaranyō-aothrem yazamaide, vaēm
zaranyō-aiwyaonghanem yazamaide, vaēm ashavanem
yazamaide vaēm uparō-kairīm yazamaide, aētat tē vayō
yazamaide, yat tē asti spentō-mainyaom, ashem voħū
(10)

yathā ahū vairyō ... (2). yasnemcha vahmemcha
aojascha zavarecha āfrīnāmi,

rāmanō khvāstrahe, vayaosh uparō-kairyehē
taredhātō anyāish damān, aētat tē vayō, yat tē asti
spentō-mainyaom, thwāshahe khvadhātahe zrvānahe
akaranahe zrvānahe dareghō-khvadhātahe.

ashem voħū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem voħū

NIRANG TO PURIFY MEN OR WOMEN

(This Nirang helps overcome obstacles which come in the way of spiritual development, and is a must for those who desire progress of the soul. It should be recited daily after ones obligatory prayers).

khshnaothrā ahurahe mazdao. ashem voħū ... (3).

fravarāne mazdayasnō zarathushtish vīdaēvō ahura-
tkaēshō (*Recite the prevailing gah*) sraoshahe ashyehe
takhmahe tanumāthrāhe darshi draosh āhūiryehē,
khshnaothra yasnāicha vahmāicha khshnaothrāicha

frasastayaēcha. yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

sraoshem ashīm huraothem verethrājanem frādat-gaēthem ashvanem ashahe ratūm yazamaide. ahunem vairīm tanūm pāiti, ahunem vairīm tanūm pāiti, ahunem vairīm tanūm pāiti, yathā ahū vairyō.... (1) (*Recite Kem na mazda*)

ā²⁵ airyēmā ishyō rafedhrāi jantū, nerebyaschā nāiribyascha zarathushtrahē, vanghēush rafedhrāi mananghō, yā daēnā vairīm hanāt mīzhdem; ashahyā yāsā ashīm yām ishyām ahurō masatā mazdao.

airyamanem ishīm yazamaide amavantem verethrājanem, vitbaēshanghem mazishtem ashahe sravanghām.

gāthao spentao ratukshathrao ashaonīsh yazamaide, staota yesnya yazamaide yā dātā anghēush paouruyehyā.

yenghē hātām āat yesne paitī vanghō, mazdao ahurō vaēthā ashāt hachā, yaonghāmchā tāscha taoschā yazamaide.

(*Recite 7 times*)

ashem voħū ... (1).

yathā ahū vairyō ... (2). yasnemcha vahmemcha aojascha zavarecha āfrīnāmi. sraoshahe ashyehe takhmahe tanumāthrahe darshi draosh āhūiryeh. ashem voħū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū

NIRANG TO BRING HARMONY BETWEEN HUSBAND AND WIFE

(This nirang brings about reconciliation between husband and wife when there is separation due to inexplicable reasons. If either this or the following Nirang is prayed regularly, than there are no chances of separation of husband and wife)

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish, vīdaēvō ahuratkaēshō (*Recite the prevailing gah*) ashahe²⁶ vahishtahe, sraēshtahe, airyamanō ishyehe sūrahe mazdadātahe saokayao vanghuyao vouru-dōithrayao mazdadhātayao, ashaonyao khshnaothra yasnāicha vahmāicha khshnaothrāicha frasastayaēcha. yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchit hacha, frā ashava vīdhvao mraotū.

ashem²⁷ vahishtem sraēshtem ameshem spentem yazamaide, airyamanem ishīm yazamaide, sūrem mazdadhātem yazamaide, saokām vanguhīm vouru-dōithrām mazdadhātām ashaonīm yazamaide.

nām-i yazad nām-i niv khoreh-i farīdun, farīdun āthwyān, in tāvid nāirik (*Here to take the name of wife*)

26 Yt2.2.

27 Yt2.7.

“taēchīt²⁸ mā mōrenden jyōtūm yōi dregvatō mazibīsh chikōiteresh,

anguhīshchā anghvaschā apayeitī raēkhenanghō vaēdem, yōi vahishtāt ashāunō mazdā rāreshyān mananghō.

tan-darōstī bāt! ēdūn bāt!

hu-jihashni bāt! hū-nishān bāt.

hub bāt ēdūn bāt.

yathā ahū vairyō ... (4).

ashem vohū ... (3).

yathā ahū vairyō ... (2).

yasnemcha vahmemcha aojascha zavarecha āfrīnāmi, ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdadīhātahe saokayao vanghuyao vourudōithrayao mazdadīhātayao ashaonyao. ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū

NIRANG TO CONTINUE HARMONY BETWEEN HUSBAND AND WIFE

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish, vīdaēvō ahuratkaēshō (*Recite the prevailing gah*)

spentayao²⁹ vanghuyao ārmatōish, rātayao vanghuyao
vouru-dōithrayao mazdadħātayao ashaonyao,
kkhshnaothra yasnāicha vahmāicha khshnaothrāicha
frasastayaēcha, yathā ahū vairyō, zaotā frā mē mrūtē,
athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

spentām³⁰ vanguhīm ārmaitīm yazamaide, rātām
vanguhīm vouru-dōithrām mazdadħātām ashaonīm
yazamaide.

nām-i yazad, nām-i niv khoreh farīdun, farīdun
āthwyān, in tavid-nāirik (*Here to take the name of wife*)
sud mānashna, sud hu meher bād shuhar bād!

pa zōr va nīrōi-khoreh-i farīdun, farīdun āthwyān, pa
hamā chashmīcha basta-hom, pa zōr va nīrōi khoreh-i
farīdun, farīdun āthwyān, pa zōr akhtarān va
awākhtarān!

tandarost bād, sud mānashn sudhu meher bād!
ēdhun bād! hu-jihashni bād! hū-nishān bād! ēdhun bād!
khub bād! ēdhun bād!

ashem vohū ... (4).

yathā ahū vairyō ... (2).

yathā ahū vairyō ... (2). yasnemcha vahmemcha
aojascha zavarecha āfrīnāmi. spentayao vanghuyao
ārmatōish rātayao vanghuyao vouru-dōithrayao
mazdadħātayao ashaonyao.

ashem vohū ... (1).

29 Sr1.5.

30 Sr2.5.

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem vohū

NIRANG TO WARD OFF PROBLEMS RELATED TO EYE-SIGHT

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahura-
tkaēshō. (*Recite the prevailing gah*)

tishtrehe³¹ stārō raēvatō khvarenanguhatō,
satavaēsahe frāpahe sūrahe mazdadħātahe, stārām afsh-
chithranām zemaschithranām urvarō-chithranām
mazdadħātanām, vanantō stārō mazdadħātahe, aoe
stārō yōi haptōiringa mazdadħāta khvarenanghunta
baēshazya.

khshnaothra yasnāicha vahmāicha khshnaothrāicha
frasastayaēcha. yathā ahū vairyō, zaotā frā mē mrūtē,
athā ratush, ashātchħit hacha, frā ashava vīdhvao mraotū.

tishtrīm stārem raēvantem khvarenanguhantem
yazamaide, satavaēsem frāpem sūrem mazdadħātem
yazamaide, vīspe stārō afshchithra yazamaide, vīspe
stārō zemaschithra yazamaide, vīspe stārō urvarō-
chithra yazamaide, vanantem stārem mazdadħātem
yazamaide aoe strēush yazamaide yōi hpta haptōiringa
mazdadħāta khvarenanguhanta baēshazya, paitishtātēe
yāthwām pairikanāmcha.

nām-i yazad, nām-i niv khoreh farīdun, farīdun
āthwyān, khurshed aurvad aspa zabāyem, hvare-

31 Yt8.o/Sr1.13.

khshaētem³² ameshem raēm aurvat-asphem yazamaide.
tishtrīm drvō- chashmanem yazamaide. (*to take the Name*) (*Recite 7 times*)

pa zōr, nīrōi khoreh-i farīdun, farīdun āthwyān pa zōr
akhtarān **va** awākhtarān, tan-darōsti bād, ēdun bād, hu-
jihashni bād hū-nishān bād! hub bād! ēdūn bād! ashem
vohū ... (3).

yathā ahū vairyō ... (2).

yasnemcha vahmemcha aojascha zavarecha āfrīnāmi,
tishtrehe stārō raēvatō khvarenanguhatō, satavaēsahe
frāpahe sūrahe mazdadhātahe stārām afsh-chithranām,
zemas-chitranām, urvarō-chitranām, mazdadhātanām,
vanantō stārō mazdadhātahe aoe stārō yōi haptōiringa
mazdadhāta, khvarenanghunta baēshazyā.

ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem vohū

NIRANG TO FULFILL ONES NEEDS AND DESIRSES

khshnaothra ahurahe mazdao, ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish, vīdaēvō ahura-
tkaēshō (*Recite the prevailing gah*) ashahe vahishtahe
sraēshtahe, airyamanō ishyehe sūrahe mazdadhātahe,
saokayao vanghuyao vouru-dōithrayao mazdadhātayao
ashaonyao, khshnaothra yasnāicha vahmāicha
khshnaothrāicha frasastayaēcha, yathā ahū vairyō, zaotā

32 Ny1.7b-8.

frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

ashem vahishtem sraēshtem ameshem spentem yazamaide, airyamanem ishīm yazamaide, sūrem mazdadħātem yazamaide, saokām vanguhīm vouru-dōithrām mazdadħātām ashaonīm yazamaide.

﴿ ahyāchā³³ khvaētush yāsat ahyā verezēnem mat airyamnā, ahyā daēvā mahmī manōi ahurahyā urvāzemā mazdao, thwōi dūtaongħō aongħāmā tēng dārayō yōi vao daibishentī. ashem vohū ... (3). ﴿ (Recite 7 times)

yathā ahū vairyō ... (2). yasnemcha vahmemcha aojascha zavarecha āfrināmi, ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdadħātahe saokayao vanghuyao vouru-dōithrayao mazdadħātayao ashaonyao.

ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū

NIRANG TO KEEP OFF SICKNESS

khshnaothra ahurahe mazdao, ashem vohū ... (3).

fravarāne mazdayasnō zarathushtish vīdaēvō ahura-
tkaēshō (Recite the prevailing gah) ashahe vahishtahe
sraēshtahe, airyamanō ishyehe sūrahe mazdadħātahe,
saokayao vanghuyao vouru-dōithrayao mazdadħātayao
ashaonyao, khshnaothra yasnāicha vahmāicha

33 Y32.1.

khshnaothrāichā frasastayaēcha. yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchit hacha, frā ashava vīdhvao mraotū. ashem vahishtem sraēshtem ameshem spentem yazamaide, airyamanem ishīm yazamaide, sūrem mazdadħātem yazamaide, saokām vanguhīm vouru-dōithrām mazdadħātām ashaonīm yazamaide.

▣ Yāt³⁴ yūshtā framīmathā yā mashyā achishtā dantō vakhshentē daēvo-zushtā vangħēush sīzħdyamnā manangħō, mazdao ahurahyā kħratēush nasyantō ashāatchā. ▣ (*Recite 7 times*)

yathā ahū vairyō ... (2). yasnemcha vahmemcha aojascha zavarecha āfrināmi, ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdadħātahe, saokayao vanghuyao vouru-dōithrayao mazdadħātayao ashaonyao. ashem vohū ... (1).

ahmāi raēscha ... hazangħrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū

NIRANG TO WARD OFF HEAD-ACHE

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathusħtrish vīdaēvō ahura-tkaēshō (*Recite the prevailing gah*) ashahe vahishtahe sraēshtahe, airyamanō ishyehe, sūrahe mazdadħātahe, saokayao vanghuyao vouru-dōithrayao mazdadħataya ashaonyao, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha. yathā ahū vairyō, zaotā

frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

ashem vahishtem sraēshtem ameshem spentem yazamaide, airyamanem ishīm yazamaide, sūrem mazdadħātem yazamaide, saokām vanguhīm vouru-dōithrām mazdadħātām ashaonīm yazamaide.

mā paiti-ish im kasishta rakhsām ish kasān hacha bantāi - ish bakhshāni hacha,

pa nām-i yazad, pa nām-i nēk frēdhūn āthwyān.

yathā ahū vairyō ... (2). yasnemcha vahmemcha aojascha zavarecha āfrināmi, ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdadħātahe, saokayao vanghuyao vouru-dōithrayao mazdadħātayao ashaonyao. ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū

NIRANG TO PURIFY THE HOUSE

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtish vīdaēvō ahura-tkaēshō (*Recite the prevailing gah*) sraoshahe ashyehe takhmahe tanu-māthrahe darshi-draosh āhūiryeh, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

ahunem vairīm tanūm pāiti,, ahunem vairīm tanūm pāiti,, ahunem vairīm tanūm pāiti. yathā ahū vairyō

(kēm-nā mazdā ... astavaitīsh ashahe.)

āt³⁵ mā yavā bēndvō pafrē, mazishtō, yē dusherethrīsh chikhshnushā ashā mazdā

vanguhī ādā gaidī mōi ā-mōi arapā ahyā vohū aoshō vīdā mananghā.

ashem vohū ... (10).

☞ nemaschā yā ārmaitish īzāchā ☞ (3 times)

yathā ahū vairyō ... (2). yasnemcha vahmemcha aojascha zavarecha āfrināmi. sraoshahe ashyehe takhmahe tanumāthrahe darshi draosh āhūiryeh. ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū

NIRANG TO PURIFY ONES THOUGHTS

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahuratkaēshō (*Recite prevailing gah*) mithrahe³⁶ vouru-gaoyaotōish hazangrō-gaoshahe, baēvare-chashmanō, aokhtō-nāmanō yazatahe, rāmanō³⁷ khvāstrahe, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha. yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

35 Y49.1.

36 S1.16 + S2.16.

37 Chinoy: rāmnascha.

mithrem vouru-gaoyaoitīm hazangra-gaoshem
baēvare-chashmanem aokhtō-nāmanem yazatem
yazamaide, rāma khvāstrem yazamaide.

dazdi³⁸ ahmākem tat āyaptem, yase-thwā yāsāmahī
sūra, urvaiti dātanām sravanghām, īshṭīm amem
verethraghnemcha, havanghum ashavastemcha,
haosravanghem, hurunīmcha, mastīm spānō
vaēidhīmcha verethraghnemcha ahuradhātem,
vanaintīmcha uparatātem, yām ashahe vahishtahe,
paiti-parashtīmcha māthrahe spentahe.

yatha vaēm humananghō, framananghascha,
urvāzemna haomananghimna, vanāma vīspē harethē,
yatha vaēm humananghō, framananghascha urvāzemna
haomananghimna vanāma vīspe dushmainyush, yatha
vaēm humananghō, framananghascha urvāzemna
haomananghimna, vanāma vīspao tbaēshao taurvayama
daēvanām mashyānāmcha, yāthwām pairikanāmcha
sāthrām kaoyām karafnāmcha.

yathā ahū vairyō ... (2). yasnemcha vahmemcha
aojascha zavarecha āfrīnāmi, mithrahe vouru-
gaoyaotōish, hazangrō- gaoshahe baēvare-chashmanō
aokhtō-nāmanō yazatahe rāmanō khvāstrahe. ashem
vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem vohū

NIRANG TO BREAK THE POWERS OF MAGIC OF ANY KIND

(This Nirang is taken from Ahunavad Gatha Ha 32. It is a powerful Nirang and acts as a powerful ammunition to break the power of evil. It is successful over all types of magic).

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahuratkaēshō, (*Recite the prevailing gah*) ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdadhbātahe, saokayao vanghuyao vouru-dōithrayao mazdadhbātayao ashaonyao, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha. yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

ashem vahishtem sraēshtem ameshem spentem yazamaide, airyamanem ishīm yazamaide, sūrem mazdadhbātem yazamaide, saokām vanguhīm vouru-dōithrām mazdadhbātām ashaonīm yazamaide.

1.³⁹ yaska apa-dvarata, mahrka apa-dvarata, daēva apa-dvarata, paityāra apa-dvarata [ashemaoghō anashava apa-dvarata]⁴⁰ mashyō-sāsta apa-dvarata,

azhichithra apa-dvarata, vehrkō-chithra apa-dvarata bizengrō-chithra apa-dvarata, tarō-mata apa-dvarata, pairi-mata apa-dvarata, tafnu apa-dvarata, spazga apa-

39 = Yt3.7.

40 Chinoy omits.

dvarata, anākhshta apa-dvarata, duzhdōithra apa-dvarata,

draoghō vākhsh, draojishta apa-dvarata, jahi yātumaiti apa-dvarata, jahi kakhvaredhaine apa-dvarata vātō-paourvō-apākhtara apa-dvarata, vātō paourvō-apākhtara apa-nasyata.

ashem vohū ... (3).

2. ahyāchā⁴¹ khvaētush yāsat,
ahyā verezēnem mat airyamnā,

ahyā daēvā mahmī manōi
ahurahyā urvāzemā mazdao:
thwōi dūtaonghō aonghāmā,
tēng dārayō yōi vao daibishentī.

3. aēibyō mazdao ahurō,
sāremnō vohū managhā,
khshathrāt hachā paitī-mraot,
ashā hush-hakhā khvēnvātā,

spentām vē ārmaitīm
vanguhīm varemaidī, hā-nē anghat.

4. at yūsh daēvā vīspaonghō,
akāt mananghō stā chithrem,
yaschā vao mash yazaitē,
drjaschā pairimatōishchā
shyaomām aipī daibitānā,
yāish asrūdūm būmyao haptaithe.

41 = Y32.1-3.

5. yāt⁴² yūshtā framīmathā, yā
 mashyā achishtā dantō,
 vakhshtē daēvo-zushtā vanghēush
 sīzhdyamnā mananghō,
 mazdao ahurahyā, khratēush
 nasyantō ashāatchā.
6. tā debenaotā mashīm,
 hujuytōish ameretātaschā,
 hyat vao akā mananghā,
 yēng daēvēng akaschā mainyush,
 akā shyaothanem vachanghā
 yā frachinas dregvantem khshayō,
7. pourū-aēnao ēnākhshtā, yāish
 srāvayeitī yezī tāish athā,
 vōistā hāta-marānē
 vahishtā mananghā ahurā
 thwahmī vē mazdā khshathrōi,
 ashāichā sēnghō vīdām.
8. aēshām aēnanghām, naēchīt
 vīdvaō aojōi hādrōyā
 yā jōyā sēnghaitē, yāish
 srāvī khvaēnā ayanghā
 yaēshām tū ahurā irikhtem,
 mazdā vaēdishtō ahī.

42 Y32.4-7.

9. aēshām aēnanghām,
 vīvanghushō srāvī yimaschīt,
 yē mashyēng chikhshnushō, ahmākēng
 gāush bagā khvāremnō,
 aēshāmchīt ā ahmī, thwahmī
 mazdā vīchithōi aipī.
10. dush-sastish sravao mōrendat, hvō
 jyātēush sēnghanāish khratūm,
 apō mā īshtīm apayantā, berekhdhām
 hāitīm vanghēush mananghō,
 tā ukhdhā manyēush mahyā, mazdā
 ashāichā yūshmaibyā gerezē.
11. hvō mā-nā sravao mōrendat,
 yē achishtem vaēnanghē aogedā,
 gām ashibyā hvarechā, yaschā
 dāthēng dregvatō dadāt,
 yaschā vāstrā vīvāpat, yaschā
 vadarē vōizhdat ashāunē.
12. taēchit mā mōrenden jyōtūm,
 yōi dregvatō mazibīsh chikōiteresh,
 anguhīshchā anghvaschā,
 apayeitī raēkhenanghō vaēdem,
 yōi vahishtāt ashāunō,
 mazdā rāreshyān mananghō.
13. yā raonghayen sravanghā,
 vahishtāt shyaothanāt maretānō,

aēibyō mazdao akā mraot, yōi
gēush mōrenden urvākhsh-ukhtī jyōtūm,
yāish gerēhma ashāt varatā,
karapā khshathremchā īshanām drujem.

14. yā khshathrā gerēhmō hīshasat,
achishtahyā demānē mananghō,
anghēush marakhtārō ahyā,
yaēchā mazdā jīgerezat kāmē,
thwahyā māthrānō dūtīm, yē īsh
pāt daresāt ashahyā.

15. ahyā gerēhmō ā hōithōi, nī
kāvayaschīt khratūsh nī dadat,
varechao hīchā fraidivā, hyat
vīsentā dregvantem avō,
hyatchā gāush jaidyāi mraoī,
yē dūraoshem saochayat avō.

16. anāish ā vī-nēnāsā, yā
karapōtaoschā kevītaoschā,
avāish aibī yēng daintī,
nōit jyātēush khshayamnēng vasō,
tōi ābyā bairyaoitē,
vanghēush ā-demānē mananghō.

17. hamēm tat vahishtāchīt, yē
ushuruyē syaschīt dahmahiya
khshayās mazdā ahurā, yehyā-mā
aithīshchīt dvaēthā,

hyat aēnanghē dregvatō,
ēeānu ishyēng anghayā.

18. ॥ ahya⁴³ yāsā nemanghā,
ustānazastō rafedhrahyā,
manyēush mazdā pourvīm,
spentahyā ashā vīspēng shyaothanā,
vanghēush khratūm mananghō,
yā khshnevīshā gēushchā urvānem.

(pray twice)

yathā ahū vairyō ... (4). ashem voħū ... (3).

(to be recited in full)

khvaētumaithyēm hāitīm yazamaide.

yenghē hātām āat yesne paitī vanghō, mazdao ahurō
vaēthā ashāt hachā, yaonghāmchā tāscha taoschā
yazamaide.

yathā ahū vairyō ... (2). yasnemcha vahmemcha
aojascha zavarecha āfrīnāmi, ashahe vahishtahe
sraēshtahe, airyamanō ishyehe sūrahe mazdadītahe
saokayao, vanghuyao vouru-dōithrayao mazdadītayao
ashaonyao. ashem voħū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem voħū

NIRANG TO PRAY FOR GOOD BLESSINGS

(The regular chanting of this Nirang along with corresponding beneficial thoughts is equivalent to giving crores of Rupees in charity. This Nirang has the power to destroy the evil in nature. It will help spread happiness, peace, and prosperity in the world. One who desires to help humanity should chant this Nirang, preferably in a serene natural atmosphere near the mountains or seas for maximum benefit.)

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahura-tkaēshō (*recite the prevailing gah*) dahmayao⁴⁴ vanghuyao āfritōish, dahmahecha narsh ashaonō, ughrahecha takhmahe dāmōish, upamahe, yazatahe. khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

dahmām⁴⁵ vanguhīm, āfritīm yazamaide, dahmemcha narem ashavanem yazamaide, ughrem,⁴⁶ takhemem dāmōish upamanem yazatem yazamaide.

(1) at⁴⁷ hvō vanghēush vahyō nā aibī-jamyāt,
yē nao erezūsh savanghō pathō sīshōit
ahyā anghēush astvatō mananghaschā

44 Y1.15b.

45 Y6.14.

46 Chinoy: ughremcha.

47 Y60.1-7.

haithyēng āstīsh yēng ā-shaētī ahurō,
aredrō thwāvās huzēntushe spentō mazdā.

(2) tao ahmi nmāne jamyāresh, yao ashaonām khshnūtascha, ashayascha, vyādaibishcha, paitizantayascha; us-nū anghāi vīse jamyāt ashemcha khshathremcha savascha, khvarenascha khvāthremcha. dareghō-fratemathwemcha ainghao daēnayao yat āhurōish zarathushtrōish.

(3) asishta-nū ainghat hacha vīsat gāush buyāt asistem ashem asistem narsh ashaonō aojō, asistō āhūirish tkaēshō.

(4) jamyān ithra ashāunām vanguhīsh sūrao spentao fravashayō, ashōish baēshaza hachimnao zem-frathangha dānu-drājangha, hvare-barezangha; ishtēe vanghanghām paitishtātē ātaranām, frasha-vakhshyāi rayāmcha khvarenanghāmcha.

(5) vainīt ahmi nmāne sraoshō asrushtīm ākhshtish anākhshtīm, rāitish arāitīm, ārmaitish tarōmaítīm, arshukhdhō vākhsh mithaokhtem vāchim, asha-drujem.

(6) yatha ahmya ameshao spenta sraoshādha ashyādha paitishān vanghūsh yasnāscha vahmāscha, vohū yasnemcha vahmemcha, huberetīmcha, ushtaberetīmcha, vantaberetīmcha ā-dareghāt khvā-bairyāt.

(7) mā yave imat nmānem khvāthravat khvarenō frazahīt; mā khvāthravaiti īshtish; mā khvāthravaiti āsna

frazaintish; khvāthrō-disyehe paiti ashōishcha
vanghuyao dareghem hakhma.

ashem vohū ... (1).

(8) sevishtō⁴⁸ bavāhi yatha mazdao,
verethrajao yatha thraētaonō,
amavao yatha jāmāspō,
ash-varechao yatha kava usa,
pauru-jirō yatha zoshnarō,
zaēnanghutem bavāhi yatha takhmō urupa.

(9) kharenanghuntem bavāhi yatha yō yimō, khshaētō
hvāthwō hazangra-yaokhshtyō bavāhi yatha azhōhish,
dahākāi agha-daēna, ughrem aojishtem bavāhi yatha
keresāspem, hudhaonghem vyākhnem bavāhi yatha
urvākhshahe, srīrem kehrpem anāstravanem, bavāhi
yatha kava syāvarshānō.

(10) pouru-gō bavāhi yatha āthwyānōish, pouru-
aspem bavāhi yatha pourushaspem. ashava bavāhi yatha
zarathushtrō spitāmō, ranghām, dūraē-pāranām, bavāhi
yatha yō vifrō navāzō, urvathō bavāhi yazatanām yatha
zaranem mashyānām.

(11) zayaonte hacha vō dasa puthra. thrāyō bavāhi
yatha athaurunō, thrāyō bavāhi yatha rathaēshtārahe,
thrāyo bavāhi yatha vāstryehe fshuyantō, aeva te bavāhi
yatha vīshtāspāi.

(12) aurvat-aspem bavāhi yatha hvare
raochinavantem bavāhi yatha maonghem,
saochinavantem bavāhi yatha ātarem, tizhinavantem

bavāhi yatha mithrem, huraodhem verethrajanem
bavāhi yatha sraoshem ashīm.

(13) arsh-tkaēshem bavāhi yatha rashnush,
dushmainyū-jayantem bavāhi yatha verethraghnem,
ahuradhbātem, pouru-khvāthrem bavāhi yatha rāmano
khvāstrahe, a-yaskem a-mahrkem bavāhi yatha kava
husrava.

(14) pascha āfrīnem aipi jasaiti vahishtem ahūm
ashaonām raochanghem vīspō-khvāthrem.

atha jamyāt yatha āfrīnāmi. (*3 times*) yathā ahū
vairyō ... (1). ashem vohū ... (1).

(15) ahunem vairīm yazamaide, arshukhdem vāchem
yazamaide, dahmām vanguhīm āfrītīm yazamaide
ughrem takhmem dāmōish upamanem yazatem
yazamaide frasasti dahmayao vanguyao āfrītōish.

(16) yenghē hātām āat yesne paitī vanghō, mazdao
ahurō vaēthā ashāt hachā, yaonghāmchā tāscha taoschā
yazamaide.

yathā ahū vairyō ... (2). yasnemcha vahmemcha
aojascha zavarecha āfrīnāmi, dahmayao vanghuyao
āfrītōish, dahmahecha narsh ashaonō, ughrahecha
takhmahe dāmōish upamanahē yazatahe.

ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem vohū

NIRANG TO WARD OFF FEVER RELATED TO HEAT AND COLD

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahuratkaēshō, (*Recite the prevailing gah*) ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdadhbātahe saokayao vanghuyao vouru-dōithrayao mazdadhbātayao ashaonyao khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

ashem vahishtem sraēshtem ameshem spentem yazamaide, airyamanem ishīm yazamaide, sūrem mazdadhbātem yazamaide, saokām vanguhīm vouru-dōithrām mazdadhbātām ashaonīm yazamaide.

■ nizbayemi⁴⁹ ahurō mazdao ashava dāma dātem.

nizabyemi mithrem vouru-gayaotīm huzaēnem khvarenanguhastemem zayanām verethravastemem zayanām.

nizbayemi sraoshem ashīm huraothem snaithish zastaya drazhimnō kameredhe paiti daēvanām. yathā ahū vairyō ... (1). ■

(*Recite 7 times*)

ashem vohū ... (3).

49 Compare Vd19.15.

yathā ahū vairyō ... (2). yasnemcha vahmemcha aojascha zavarecha āfrīnāmi, ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdadadhātahe, saokayao vanghuyao vouru-dōithrayao mazdadadhātayao ashaonyao, ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū ... (1).

NIRANG TO WARD OFF FRIGHT FOR ONES LIFE

Khshnaothrā ahurahe mazdao. ashem vohū ... (1).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahuratkaēshō, (*Recite the prevailing gah*) ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdadadhātahe saokayao vanghuyao vouru-dōithrayao mazdadadhātayao ashaonyao, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

ashem vahishtem sraēshtem ameshem spentem yazamaide, airyamanem ishīm yazamaide, sūrem mazdadadhātem yazamaide, saokām vanguhīm vourudōithrām mazdadadhātām ashaonīm yazamaide.

yathā ahū vairyō ... (2).

☞ hushiti⁵⁰ rāmō-shiti dareghō-shiti ite vīse āfrīnāmi yahmat hacha imao zaothrao,

hushiti rāmō-shiti dareghō-shiti vīspayāi vīse
māzdayasne āfrīnāmi,

hubereti ushta-bereti vanta-bereti ātarsh āfrīnāmi,

huyeshti tava ahurāne āfrīnāmi,

rama khvāstrem ainghao dainghēush āfrīnāmi,

dasvare baēshaza āfrīnāmi, yūshmākem dahmanām
narām ashaonām, vīspe āfrīnāmi, ke asti vohu ashava
antare zām asmanemcha,

hazangarem baēshazanām baēvare baēshazanām.

ashem vohū ... (1). ☩

(☞ *Recite 3, 6, 9, 11 or 21 times*)

yathā ahū vairyō ... (2). yasnemcha vahmemcha
aojascha zavarecha āfrīnāmi, ashahe vahishtahe
sraēshtahe, airyamanō ishyehe sūrahe mazdadħātahe,
saokayao, vanghuyao vouru-dōithrayao mazdadħātayao
ashaonyao. ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem vohū

NIRANG TO WARD OFF FRIGHT OF THIEVES AND ROBBERS

Khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtish vīdaēvō ahura-
tkaēshō (*Recite the prevailing gah*) ahurahe mazdao
raēvatō khvarenanguhatō ameshanām spentanām,
amahe hutāshtahe huraoħħahe verethragħnahe

ahuradhātahe, vanaintyaoscha uparatātō, khshnaothra
yasnāicha vahmāicha khshnaothrāichā frasastayaēcha,
yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush,
ashātchīt hacha, frā ashava vīdhvao mraotū.

ahurem mazdam raēvantem khvarenanghuhamtem
yazamaide ameshā spentā hukhshathrā hudhaonghō
yazamaide amem hutashem huraoem yazamaide
verethraghnem ahuradātem yazamaide vanaintīmcha
uparatātem yazamaide.

yathā ahū vairyō ... (2).

■ hushiti⁵¹ rāmō-shiti dareghō-shiti, ite vīse
āfrīnāmi, yahmat hacha imao zaothrao,

hushiti rāmō-shiti dareghō-shiti vīspayāi vīse
māzdayasne āfrīnāmi,

hubereti ushta-bereti vanta-bereti ātarsh āfrīnāmi,

dasvare baēshaza āfrnīnāmi yūshmākem dahmanām
narām ashaonām, vīspe āfrīnāmi ke asti vohu ashava
antare zām asmenemcha, hazangrem baēshazanām
baēvare baēshazanām. ashem vohū ... (1). □

(Recite 3, 6, 9, 11 or 21 times)

yathā ahū vairyō ... (2).

yasnemcha vahmemcha aojascha zavarecha āfrīnāmi,
ahurahe mazdao raēvatō khvarenanguhatō ameshanām
spentanām amahe hutāshtahe huraodhahahe
verethraghnahe ahuradhātahe, vanaintyaoscha
uparatātō. ashem vohū ... (1).

51 Y68.14.

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem voħū

DOA TANDAROSTI

ba nām-i khvadāe ba nām-i yazad-i bakshāyandehe i
bakhshāyashgar i meherbān. yathā ahū vairyō ... (2).

tan-darōstī dēr-zīvashnī āvāyat khvareh hangat
ashahīdār, yazdān i mīnōyān yazdān i gethyān haft
amshāspandān, myazd rōshan hamē bē-rasāt.

īn dōāyān bāt, īn khvahāyān bāt, hame andar kasān ra
zartōshtī dīn shāt bāt, ēdūn bāt.

yābārī khvadā, khvadā-vand i ālam-rā, hamā
hanjaman-rā, [shāh varzāvand-rā, dastur peshotan-rā
paygamar hoshedar-rā, kyani kaekhashru pādshāh-rā,
din-e zarthosht-rā], (*Here take the name of a person in
whose behest the tandarosti is recited*)

bā farzandān, hazār sāl dēr bē-dār, u shat bē-dār, u
tan-darost bē-dar, u ēdūn bē-dār, bar sar i arzānyān,
sālhā i bīsyār, u karanhā i bīshumār, bākī u pāyande dār
sat hazārān hazār āfrīn bāt.

sāl khvachasta bāt, rōz farrokhv bāt māh mubārak
bāt.

chandin sāl chandin rōz, chandin māh bīsyār sāl
arzānidār yazashne u nyāishne u rādī u zōr barashne,
ashahīdār awarē hamā kār u kerfehā, tan-darōstī bāt
nēkī bāt, hub bāt, ēdūn bāt, ēdūntarach bāt, pa yazdān u
ameshāspandān kāme bāt.

ashem voħū ... (1).

DIN-NO KALMO

pa nām i yazdā i bakhshāinda i bakhshāishgar i mihirbān.

razishtayāo chistayāo, mazdadkhātayāo, ashaonyāo, daēnayāo vanghuyāo māzdayasnōish.

dīn bēh rāst, va dōrōst, kē khodāē bar khalk, ferastādēh īn hast, kē zartōsht, avōrdēh hast, dīn dīn-e zartōsht, dīn-e ohrmazd, dādēh zartōsht, spitamā. ashaone.

ashem voħū ... (1).

AVESTA PRAYERS TO BE RECITED WHILE OFFERING INCENSE IN THE HOUSE

Anosheh shān ba oye ravān rasād ba oye beheshta roshan ba āsāyād, pedarān va mādarān, va berādarān va khāharān va khudān va khishān hamdināne man ke bed, and va ke vadordeh and hamā shān behesht behreh bād oshān geti behreh bād, oshān kār va kerfeh geti behreh bād.

Hamā az manashne, va gavashne, va kunashne, pa āne rāste frārun pa rāhe vehān, pasande yazdān bād ēdun bad ēdun tar bād. ashem voħū ... (1).

PRAYER TO BE RECITED AT NIGHT FOR GOOD BLESSINGS

nām-i-yazad, nām-i-ahuramazda khvadāi awazūnī ēzhīār ēzhī-gōshdār kasna patyār, mihir srōsh yār, srosh

gōsh dār kasna patyār ahurem mazdām, ahuramazda va ameshāspandān va mihir srōsh, rashni nām īzha nām hōrmezd khvadāe awazūni. [ashem vohū ... (1).]

SEEKING THE BOON AT THE TIME OF RISING FROM BED IN THE MORNING BEFORE SETTING ONE'S FOOT ON THE GROUND

ashem vohū ... (1).

humata, hūkhta, hvareshata, sepāsdār hem, azti dādhār hōrmezd bihi awazūnī pa patita hōm ezh gunāh avēgumānhem ezh harvistīn yazdān dīn ruān, bihishta dōzhkh āmār, pasadsh būshan rastā khēzh, tan pasīn awasūnashni ahraman dēvān,

ahurahe mazdao raēvatō khvarenanguhatō ameshanām spentanām, nemō zarathushtrahe spitāmahe ashaonō fravashēe. ashem vohū ... (1).

NIRANG FOR WARDING OFF TROUBLE FROM THE BODY OR FROM THE HOUSE

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahura-tkaēshō (*recite the prevailing gah*) vanantō⁵² stārō mazdadhātahe, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

52 Yt21.ob-1a.

vanantem stārem mazdadħātem ashavanem ashahe ratūm yazamaide.

bast hom dām dehan mushka kul gurbeh ku pa khān vanāh na kunand.

baeshaza vā frangān bād! nām-i ahuramazd pa nām-i niv khoreh farīdun, farīdun āthwyān.

bast hom dām dehan mārān mār sardagān ku khān vanāh na kunand, baeshaza vāfrangān bād! nām-i ahuramazd pa nām-i niv khoreh farīdun farīdun āthwyān.

bast hom dām dehan gorgān gorg saradagān nām cheshti nām gorg kul gurbeh ku pa khān vanāh na kunand baeshaza va frangānbād! nām-i ahuramazd pa nām-i niv khoreh farīdun, farīdun āthwyān. ashem voħū ... (1).

yathā ahū vairyō ... (2).

yasnemcha vahmemcha aojascha zavarecha āfrīnāmi, vanantō stārō mazdadħātahe. ashem voħū ... (1).

ahmāi raēscha ... hazangħrem ... jasa-mē avanghe mazda ... kerfeħ mozd ... ashem voħū ... (1).

NIRANG TO WARD OFF PROBLEMS RELATED TO STOMACH AND TOOTH TO WARD OFF POISON OF ANIMALS, AND TO OVERCOME SPIRITUAL, PHYSICAL, MENTAL, MORAL, AND FINANCIAL DIFFICULTIES⁵³

khshnaothrā ahurahe mazdao. [ashem vohū ... (3).]

fravarāne mazdayasnō zarathushtrish vīdaēvō ahura-tkaēshō (*Recite the prevailing gah*) ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdad'hātahe, saokayao vanghuyao vouru-dōithrayao mazdad'hātayao ashaonyao, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

ashem⁵⁴ vahishtem sraēshtem ameshem spentem yazamaide, airyamanem ishīm yazamaide, sūrem mazdad'hāthem yazamaide, saokām vanguhīm vouru-dōithrām mazdad'hātām ashaonīm yazamaide.

 airyamanem te ishīm mazishtem mraomi, spitama, vīspanām arezvō sravanghām tem zi vīspanām sravanghām uparō-kairīm fradathām īm airyamanem ishīm.

53 Antia 1909, p. 175.

54 Yt2.7.

tem arāonti⁵⁵ saoshyantō ahe framarento⁵⁶ spitama, khshyaene, havanām dāmanām, azem yō ahurō mazdao anghrō-mainyeush naichish khshayata duzhdao zarathushtra,⁵⁷ hāish dāmōhu spitama zarathushtra, zemare-gūzō bavao anghro-mainyeush zemare-gūzō, bavaonti daēva us, irista paiti arāonti, vīzvaohu paiti tanush astavao gayō⁵⁸ dārayaoniti. yathā ahū vairyō ...

(1). ashem vohū ... (2). 

(Recite 3, 7 or 9 times)

yathā ahū vairyō ... (2). yasnemcha vahmemcha aojascha zavarecha āfrīnāmi, ashahe vahishtahe sraēshtahe airyamanō ishyehe sūrahe mazdadāhātahe, saokayao vanghuyao vouru-dōithrayao mazdadāhātayao ashaonyao. ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū

NIRANG TO DIMINISH THE POWER OF DEV AND DRUJ (EVIL ENTITIES) FROM BODY AND MIND

khshnaothrā ahurahe mazdao. [ashem vohū ... (3).]

fravarāne mazdayasnō zarathushtrish vīdaēvō ahura-tkaēshō, *(recite the prevailing gah)*

55 Antia: ārāiti. Compare FrW IV.

56 Antia: framaraomi.

57 Antia: aiciš xšayā duždinō aŋhrō mainyēuš zaraθuštra.

58 Antia: gairyō.

ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdadhbātahe, saokayao vanghuyao vourudōithrayao mazdadhbātayaao ashaonyao, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha. yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchit hacha, frā ashava vīdhvao mraotū.

ashem vahishtem sraēshtem ameshem spentem yazamaide, airyamanem ishīm yazamaide sūrem mazdadhbātem yazamaide. saokām vanguhīm vourudōithrām mazdadhbātām ashaonīm yazamaide.

॥ nām-i-yazad⁵⁹ nām-i niv khoreh farīdun, farīdun āthwyān, basta-hom in anāi az ganāmino va devān va drujān va kikān va karpān va sāstārān va vanāhkārān va āshmogān va jāduān va friyān va avare paskhunashna i druj.

(Recite the name of the self with either father's name or husband's name)

pa zōr **va** nīrōi khoreh-i farīdun, farīdun āthwyān, pa hamā chashmīcha basta-hōm pa zōr **va** nīrōi khoreh-i farīdun, farīdun āthwyān, pa zōr akhtarān awākhtarān! **tandarost** bād, ēdun bād hu-jihashni bād! hū-nishān bād! ēdun bād! ashem vohū ... (3). ॥ (Recite this nirang 3, 7 or 9 times)

yathā ahū vairyō ... (2).

yasnemcha vahmemcha aojascha zavarecha āfrīnāmi, ashahe vahishtahe sraēshtahe, gayō airyamanō ishyehe sūrahe mazdadhbātahe, saokayao vanghuyao vouru-

59 Antia p. 182.

dōithrayao mazdadātayao ashaonyao. ashem vohū ...
(1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem vohū

**NIRANG TO TIE ON THE NECK OF A CHILD OR
TO PRAY WHILE CARESSING A CHILD FROM
HEAD TO FOOT WHEN THE CHILD IS NOT
KEEPING WELL DUE TO THE INFLUENCE OF
BLACK MAGIC OR SUCH SIMILAR REASONS**

yathā ahū vairyō ... (5).

ashem vohū ... (3).

fravarāne⁶⁰ mazdayasnō zarathushtrish vīdaēvō
ahura-tkaēshō. (*Recite the prevailing gah*) thraētaonahe
āthwyānōish ashaonō fravashēe khshnaothra yasnāicha
vahmāicha khshnaothrāichā frasastayaēcha.

yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush,
ashātchīt hacha, frā ashava vīdhvao mraotū.

thraētaonem āthwyānem ashavanem ashahe ratūm
yazamaide.

☞ gadva kuro kuro taurunahe karapok
raethvayanām bukhtamahi. ☞

(Recite the line 5 times.)

nām-i yazad, nām-i niv khoreh farīdun, farīdun
āthwyān in tav avare an-āsāni bastan hendvi
paskhunashna-i druz chashma zakhma khaeshān
akhaeshan. kikān karapān va darvandān daevayasnān
sāstārān vanāhkārān va āshmogān va jāduān a friyān
(Recite own name with father or husband) baēshazyat!
baeshaza vāfringān bād ēdun bād!

hazangrem baēshazanām baēvare baēshazanām *(3 times)*.

ashem vohū ... (1). *(7 times)*

yathā ahū vairyō ... (2). yasnemcha vahmemcha
aojascha zavarecha āfrīnāmi, thraētaonahe āthwyānōish
ashaonō fravashēe. ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem vohū

NIRANG TO BE PRAYED WHILE THINKING THOUGHTS OF GOOD HEALTH, AND CARESSING A CHILD FROM HEAD TO FOOT WHEN THE CHILD IS FEELING SICK OR RESTLESS

Khshnaothrā ahurahe mazdao. [ashem vohū ... (3).] fravarāne mazdayasnō zarathushtish vīdaēvō ahuratkaēshō. *(Recite the prevailing gah)* ashahe vahishtahe sraēshtahe airyamanō ishyehe sūrahe mazdadhdhātahe, saokayao vanghuyao vouru-dōithrayao mazdadhdhātayao ashaonyao, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō, zaotā

frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

ashem vahishtem sraēshtem ameshem spentem yazamaide, airyamanem ishīm yazamaide, sūrem mazdadħātem yazamaide, saokām vanguħīm vouru-dōithrām mazdadħātām ashaonīm yazamaide.

॥ nām-i yazad, nām-i niv khoreh farīdun, farīdun āthwyān, in tav-i-sarda va tav-i garma, tav-i yak-roj, chahārum chahelum “ātare-vitare” ana dregubyo “vīmraot zarthushtra” (*Recite 7 times*)

yathā ahū vairyō ... (2). yasnemcha vahmemcha aojascha zavarecha āfrīnāmi. ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdadħātahe saokayao vanghuyao vouru-dōithrayao mazdadħātayao ashaonyao. ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū

NIRANG TO BE PRAYED WHEN AFFLICTED WITH FEVER RECURRING EVERY FEW DAYS

Khshnaothrā ahurahe mazdao. [ashem vohū ... (3).]

fravarāne mazdayasnō zarathushtish vīdaēvō ahura-tkaēshō (*Recite the prevailing gah*) ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdadħātahe, saokayao vanghuyao vouru-dōithrayao mazdadħātayao ashaonyao, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha, yathā ahū vairyō, zaotā

frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

ashem vahishtem sraēshtem ameshem spentem yazamaide, airyamanem ishīm yazamaide, sūrem mazdadħātem yazamaide saokām vanguhīm vourudōithrām mazdadħātām ashaonīm yazamaide

☞ nām-i yazad nām-i niv khoreh farīdun, farīdun āthwyān in tav sard, va tav garma, tav yak-roj, in do roj, in se roj, chahārum, chehelum “ātare vitare” anā dregubyo “vīmraot zaratushtra” (*Recite 7 times*)

☞ nām-i yazad nām-i niv khoreh farīdun, farīdun āthwyān in tav avare anāi bast-i hendvi paskhunashna druj chashma zakhma khaeshān akhaeshān kikān karapān va darvandān daevayasnān sāstārān vanāh kārān va āshmogān va jāduān va friān. (*Recite own name with father or husband*) baeshzyāt! baeshazvāringān bād ēdun bād! ashem vohū ... (3). (*Recite 3 times.*)

yathā ahū vairyō ... (2). yasnemcha vahmemcha aojascha zavarecha āfrināmī, ashahe vahishtahe sraēshtahe, airyamanō ishyehe sūrahe mazdadħātahe, saokayao, vanghuyao vouru-dōithrayao mazdadħātayao ashaonyao. ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū

NIRANG TO BE TIED ON THE LEFT HAND OR PRAYED WHEN SUFFERING FROM HEADACHE OR WOUNDS

khshnaothrā ahurahe mazdao. ashem vohū ... (3).

fravarāne mazdayasnō zarathushtish vīdaēvō ahura-
tkaēshō (*Recite the prevailing gah*) amahe hutāshtahe
huraodhahe verethraghnāhe ahuradhātahe, vanain-
tyaoscha uparatātō, khshnaothra yasnāicha vahmāicha
khshnaothrāichā frasastayaēcha. yathā ahū vairyō, zaotā
frā mē mrūtē, athā ratush, ashātchit hacha, frā ashava
vīdhvao mraotū.

amem⁶¹ hutashem hurodem yazamaide,
verethraghnem, ahuradhātem yazamaide, vanaintīmcha
uparatātem yazamaide.

nām-i yazad nām-i-niv khoreh farīdun, farīdun
āthwyān hutāshtahe huraodhahe verethraghnāhe
ahuradhātahe, vanaintyaoscha uparatātō, **tandarust bed**
ēdūn bāt-hu-jaheshna bāt! **hu-nishān bāt!** hub bāt! ēdūn
bāt! [ashem vohū....]

yathā ahū vairyō ... (2).

yasnemcha vahmemcha aojascha zavarecha āfrīnāmi,
amahe hutāshtahe huraodhahe verethraghnāhe
ahuradhātahe, vanaintyaoscha uparatātō. ashem vohū ...
(1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem vohū

61 S2.20.

NIRANG TO BREAK THE POWER OF BLACK MAGIC OR VIBRATIONS OF OTHER INVISIBLE AFFLICTIONS

khshnaothrā ahurahe mazdao. [ashem vohū ... (3).]

fravarāne mazdayasnō zarathushtish vīdaēvō ahura-tkaēshō (*Recite the prevailing gah*) sraoshahe ashyehe takhmahe tanumāthrāhe darshi draosh āhūiryehē, khshnaothra yasnāicha vahmāicha khshnaothrāichā frasastayaēcha. yathā ahū vairyō, zaotā frā mē mrūtē, athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

sraoshem ashīm huraothem verethrājanem frādat-gaēthem ashavanem ashahe ratūm yazamaide.

yathā ahū vairyō ... (5). ahunem vairīm tanūm pāiti, ahunem vairīm tanūm pāiti, ahunem vairīm tanūm pāiti. yathā ahū vairyō ... (1).

(*Recite kem na mazda.*)

saredahe⁶² maonghō ava-mīryāite, mazdayasnō dim āfrivanaēbish ava-janem yō hē aoshante moshucha tū duzhdao āsuyācha ava-mīryaēshaēiti, darājān ā havō nōit zī chish anghao drujō nyāsāite.

dōiēsnathenti snathahe aēiti hā drukhsh ashaozishta anghat haēca āthaiti zarathushtra stakhrahe meretō zaya avatha stakhrō yat hā drukhsh aēiti merezvi **khyathrāt anghahat moiros yat maharkvasho ava** ava-mīryāite “adā-zī⁶³ avā drūjō avō bavaitī skendō spayathrahyā.

62 FrW VIII.

63 Y30.10.

▮ nemaschā yā⁶⁴ ārmaitish īzhāchā ▮ (3 times)

ashem voħū ... (3).

yathā ahū vairyō ... (2).

yasnemcha vahmemcha aojascha zavarecha āfrīnāmi,
sraoshahe ashyehe takhmahe tanumāthrahe darshi
draosh āhūiryeh. ashem voħū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem voħū

NIRANG TO WARD OFF HEADACHE WHICH AFFECTS ONE SIDE OF THE HEAD

(To be recite only in the hawan gah)

khshnaothrā ahurahe mazdao. [ashem voħū ... (3).]

fravarāne mazdayasnō zarathushtrish vīdaēvō ahura-
tkaēshō. hāvanēe ashaone ashahe rathwe, yasnāicha
vahmāicha khshnaothrāicha frasastayaēcha, sāvanghēe
vīsyāicha ashaone ashahe rathwe, yasnāicha vahmāicha
khshnaothrāicha frasastayaēcha, mithrahe vouru-
gaoyaotōish hazangrō-gaoshahe, baēvare-chashmanō
aokhtō-nāmanō yazatahe rāmanō khvāstrahe,
khshnaothra yasnāicha vahmāicha khshnaothrāichā
frasastayaēcha. yathā ahū vairyō, zaotā frā mē mrūtē,
athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

hāvanīm ashavanem ashahe ratūm yazamaide,
sāvanghaēm vīsimcha ashavanem ashahe ratūm
yazamaide mithrem vouru-gaoyaotīm hazangra-

64 Chinoy omits "yā".

gaoshem, baēvare-chashmanem, aokhtō-nāmanem
yazatem yazamaide, rāma khvāstrem yazamaide.

narām⁶⁵ ashaonām avaoscha rafnaoscha,
baoshnaoscha, khvītaoscha avōi fracha yaokhmaide.
saoshyantem⁶⁶ verethrājanem kehrpascha tevīshīshcha
yazamaide saoshyantem verethrājanem yazamaide
astavatō anghēush driwyo drājō yazamaide.

thwām ātrem ahurahe mazdao puthrem, ashavanem
ashahe ratūm yazamaide, hadha-zaothrem, hadha-
aiwyaonghanem, imat baresma ashaya frastarem,
ashavanem ashahe ratūm yazamaide. apām naptārem
yazamaide, nairīm sanghem yazamaide. takhem
dāmōish upamanem yazatem yazamaide.

iristanām urvānō yazamaide, yao ashaonām
fravashayō.

ratūm berezantem yazamaide yim ahurem mazdām,
yō ashahe apanōtemō yō ashahe jaghmūshitemō, vīspa
sravao zarathushtri yazamaide, viipacha hvarshta
shyaothna yazamaide, varshtacha vareshyamnacha.

yenghē hātām āat yesne paitī vanghō, mazdao ahurō
vaēthā ashāt hachā, yaonghāmchā tāscha taoschā
yazamaide.

yathā ahū vairyō ... (2). ashem vohū ... (3). yathā ahū
vairyō ... (1).

yathā ahū vairyō ... (2). yasnemcha vahmemcha
aojascha zavarecha āfrīnāmi, mithrahe vouru-

65 Yt4.1b.

66 Y58.28.

gaoyaotōish hazanghrō-gaoshahahe, baēvare-chashmanō, aokhtō-nāmanō yazatahe, rāmanō khvāstrahe. ashem vohū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe mazda ... kerfeh mozd ... ashem vohū

SETAYASH-I-SHAHREWAR

Prayer to Shahrewar Ameshaspand

(This prayer was specially recommended by Dasturji Kukadaru, to be prayed after one's daily prayers).

khshnaothrā ahurahe mazdao. [ashem vohū ... (1).]

pa nām i yazdā, hōrmazd i khvadāe awazūnī gurz khvarahe awazāyāt, shaherevar ameshāspend bē-rasāt. ezh hamā gunāh patit pashēmānōm, ezh haravistīn dushmat duzhūkht duzhvaresht, men pa gēthī minīt, uim goft, uim kard, uim jast, uim bun būt estet, ezh ā gunāh, manashnī gawashnī kunashnī, tanī rvānī gethī mainyuānī, ōkhe awakhsh pashemā pa se gaweshnī pa patit hōm.

khshnaothrā ahurahe mazdao, tarōidīti angrahe mainyēush, haithyāvarshtām hyat vasnā ferashōtemem. staomi ashem, ashem vohū ... (3).

fravarāne mazdayasnō zarathushtrish vīdaēvō ahura-
tkaēshō (*Recite the appropriate gah*) khshathrahe
vairyehē ayōkhshustahe marezhdkāi thrāyō-drighaove,
khshnaothra yasnāicha vahmāicha khshnaothrāichā
frasastayaēcha, yathā ahū vairyō, zaotā frā mē mrūtē,
athā ratush, ashātchīt hacha, frā ashava vīdhvao mraotū.

khshathrem vairīm ameshem spentem yazamaide, ayōkhshustem yazamaide, marzhdikem, thrāyō drighūm yazamaide.

stāem va zbāem dādār hōrmezd i rayōmand i khvarahemand va ameshāspandān sepāsdār hom az dādāre veh awazuni khodāe khāvar neki dādār kesh frāz barhenid to shaherivar minoe khāste va sud veh-jivashne kesh geti hasta ayokhshast āne arjomand jar va sim va dārashne mardumān ke geti padash varjand ānche tij avarkār āsin kesh padash varjand jamin, va padash janand doshman va padash harvastin gohar va ayokhshast o kār āvorihed zar va sim hucheher vinashne pa sheher āwāyashni frākhnidar ke afzāyashni kesh hast āshkār va dādastān pa dasta veh raved kesh pa frārune tokhshni pa vish o khesh kardan va āne osh khishinid behere tan va behere ravān o ravān dehid. kukheshtan va vehān va arzāniān padash beherevar kunand agesh kard kāme ahuramazd va ameshaspandān, osh kheshinid husraove va giti va ashi pa minoe om kāme kum frārune afzāyashni bēd der patāe khāste āne zarin va ānach simin āvārij khāste sepāri berasād pa veh jivashne har yehān va arjāniān az man jāvidan sepāsdār hom az to sheherivar minie khāsteh che sud va khoreh va khārih va robāe farmāne va afrigāni andar sheher o vish ke khāsteh tawāngar-tar va paj kherad va him va hunar va har chish oe vish khāstetar va goftārtar va kāme ravātar bād.

haomayō gava baresmana, hizvō danghangha, māthracha vachacha shyaothnacha zaothrābyascha arshukhdhaēibyascha vāghzhibyō.

yenghē hātām āat yesne paitī vanghō, mazdao ahuro
vaēthā ashāt hachā, yaonghāmchā tāscha taoschā
yazamaide.

(*Pray in silence*) hōrmezd i khvadāe i awazūnī
mardum mardum sardagā hamā sardagā, ham bā yasht i
vahā, uim vahe dīn māzdayasnā āgāhī āstvānī nēkī
rasānāt ēdun bāt.

(*Pray aloud*) yathā ahū vairyō ... (2).

yasnemcha vahmemcha aojascha zavarecha āfrīnāmi,
kshathrahe⁶⁷ vairyehē ayōkhshustahe marezhidikāi
thrāyō drighaove. ashem voħū ... (1).

ahmāi raēscha ... hazanghrem ... jasa-mē avanghe
mazda ... kerfeh mozd ... ashem voħū...

rōzh nek nām, rōzh pāk nām, rōzh mubārak (*name
the day of the month*), mahe mubarak (*name the
month*), gahe (*name the Gah*), namāzh i dādār i gēhā
dāmā.

khshnaothrā ahurahe mazdao tarōidīti angrahe
mainyēush, haithyāvarshtām hyat vasnā ferashōtemem.
staomī ashem.

ashem voħū ... (1).

gurz khvarahe awazāyāt shahrevar ameshāpend bē-
rasāt, amāvand pērōzgar, amāwandī pērōzgarī, dāt dīn i
vahe i māzdayasnā, āgāhī rawāī vāfrīngānī bāt, haft
keshwar zamī ēdun bāt. men ānō āwāyat shudan, men
ānō āwāyat shudan, men ānō āwāyat shudan, ashaone.
ashem voħū .. (1). (*Turn towards the South, and pray:*)

67 Yt2.2b.

dādār i gēhā dīn i māzdayasnī dāt i zarathustrī, nemasetē ashāum sevishte aredvī sūre anāhite ashaone. ashem vohū ... (1).

nemō urvaire vanguhi mazdadkhāte, ashaone. ashem vohū ... (1).

khshathrem vairīm ameshem spentem yazamaide. ashem vohū ... (1).

shaherevar ameshāspend bē-rasāt. ashem vohū ... (1).

CHITHREM BUYAT⁶⁸

khshnaothrā ahurahe mazdao. ashem vohū ... (1).

chithrem buyāt ahmya nmāne!

pitūm buyāt ahmya nmāne!

thwām pitūm buyāt ahmya nmāne;

paidāyie bād andarin in mān-i-vehān ke hamishe
piyih va ābādān bād; pa rasashne bād, pa yazdān hādar-
i-vehān; mehmān-i-dustān andarsh bad!

fravashayō⁶⁹ khshnūtao ayantu ahmya nmāne;

khshnūtao vīcharentu ahmya nmāne;

khshnūtao āfrīnentu ahmya nmāne;

vanguhīm ashīm khvāparām!

khshnūtao pārayantu hacha ahmāt nmānāt;
staomācha, rāzarecha barentu dathushō ahurāi mazdāi

68 Compare Antia p. 161, also FrD.

69 Yt13.156b-157.

ameshanāmcha spentanām; māchim gerezānao pārayantu, hacha ahmāt nmānāt ahmākemcha mazdayasanām!

ba khshnudi āyand ameshaspandān va faroharān andar in mān. ba khshnudi āyand va ravand andar in man! ba khshnudi āfrin kunand andar in mān! ba kshnudi frāj-be-ravand aj in mān! yazashne va stāyashne va zabāyashne ashāi kār-i-kerfeh barand az in mān, oy dādār ahuramazda va amshāspandān! me pa chih-je-garzashne be ravand aj in mān hamāke māzdayasnim!

shumā ke myazd-homandan ayet yakyak tan-tanzud-zud ke ba din yazashne va darun va āfringān avā hamā ham-kerfeh bed ested, har ke rā zan va farzand hast der-jivād, der patāe māhamān bād; har ke rā nist, yazdān barhenād osh dehād, tā sade panjāh sālān pas aj sad-o-panjah salan. padvand-i-saoshyosh firojgar padvandyād;

shuma vehān ke hamishe andar shādi va bazam bed va tān varas avar sar, va tān maye va zām ba dast, vatān sparma andar bāju, va tān khuniyā ba gush, va tān dustān shād, pa ham nashast; shumā vehān pa kām-i-khish, rāmashne patāyashne virāyshne bad, ke har-che jud-tar shāyad bed ta be-rasād, ān-i madan mardan-i-dad ārāstar, gehān virastar, ashai varzidār mard-hushidar zarthustān, va peshutan i vishtāspān, va veharām-i-amāvand ōye paedā-i-din āyand va rasand, dād-i-din-i-veh ava an-i-ahuramazd din padvandyad; hu din hu farmān andār irān gehān ravā kunād juddin jud-farmān andar irān gehān ba avasahinād;

din bordārāni-i-shan aj din nek rasad, ta ān-i-madan mardān i-dād ārashtār gehān-virāstār, ashāi-varzidār mard, hushidar-i zarathushtān, va peshutan-i vishtaspan, va veherām amavand din farrokh padshah-i-zamān-i-ava, avar hama vehān vehdinan baste kustian-i-haft keshvar zamin, hu chashma, hu negridār kunād;

vehān avar dast oy dāshtār va parvartār band; vatarān avar-dast oy jadār avasahinidār band, tā vehān oy kām rasand; har-che-dahmān vehān āfrin pāstā-i-yazad, yaki rā deh, deh rā sad, sad rā hazār hazār ta baevarān baevare jud rasad! der patāe māhmān bād!

an-i-yazdān oy yazdān rasād! vehān oy vehān rasād! har cheezi ēdūn bād! ēdūntaraz bād! ham-chunin ke ahuramazd va ameshāspandān kāme bād! ashem voħū ... (1).

HUM BANDAGI (NO. 1)

(*Monday Aiwisruthrem gah*)

1) This prayer is a Nemaz to all Atash Padsha Sahebs, Mah Bakhtar, Mah yezad Saheb (for Monday), Sarosh Yezad Saheb in Aiwisruthrem gah. Nemaz for protection from Evil forces through AFSUN-E-SHAH FARIDUN, Nemaz for all good wishes.

yathā ahū vairyō ... (2). ashem voħū ... (1).

khshnaothra ahurahe mazdao, nemase-te atarsh mazdao ahurahe hudhao mazishta yazata,

ashem voħū ... (1).

nemō⁷⁰ ahurāi mazdāi,
nemō ameshaēibyō spentaēibyō,
nemō maonghāi gaochithrāi,
nemō paiti-dītāi, nemō paiti-dītī.
maonghem gaochithrem ashavanem ashahe ratūm
yazamaide.
sraoshem ashīm huraothem verethrājanem, frādat-
gaēthem ashavanem ashahe ratūm yazamaide.

☞ fe nam-e-yazad,
ba farman-e-yazad,
ba nām-e-nik faridune gav-daye ☞ (to be recited
thrice)
yenghē hātām āat yesne paitī vanghō, mazdao ahurō
vaēthā ashāt hachā, yaonghāmchā tāscha taoschā
yazamaide. ashem vohū ... (1). yathā ahū vairyō ... (1).
ashem vohū ... (2).

MONAJAT

Dadar hormazda ne vinanti

Karu Chhu O Dadgar, VinantiTuja Pase
Araj Karu Mari, Puri KarTu Aaje. (2)

Mari Muskil, Ashan Tu Karaje
Dukhti Bachavanu, HeshanTu Karaje. (2)

Pap Ane Gunathi, mane Bachavje
Ejat Ane Abruthi, Mane Dipavje. (2)

Saga Snehi Sathe, Sulah Sanp Rakhavje
Mitro Samaj Mate, prem Tu Apavje. (2)

Ahvi Araj mari, Vinanti Svikarje,
Bhala AssisTara, mane Moklavje. (2)

Karu Chhu O Dadgar, VinantiTuja Pase,
Araj Karu Mari, Puri KarTu Aaje. (1)

Khudavind khavind

Khudavind tu khavind tu parvardegar,
Namuj tari dadgahe namuj khaksaar.

Thayo roj akher sharu thai chhe raat,
Tane raaji raakhvane hu chhu pachhat.

Dayalu' khudavind jagat na re baap,
Daya kar mane saaru dahpan tu app.

Ke bhulo sudharun havey roj roj,
Bhalai vadharun karu nitya khoj,

Bhalu hakma mara te jaanu nahi,
Bhaiu je mane te tu jaane sahi.

Bahu aajiji thi namine khuda,
Karu chhu dua aashisho de sada.

Ke tari madadthi hu rakhu vivek,
Manashni, gavashni, kunashni je nek.

Mane pasbaanima tari suvad,
Bhala kaamo karva savaarey uthad.

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