Selected Z Quote # 9 – *Zarathushtra prays to Ahura Mazda (Ahunavaiti Gatha Yasna Ha 28.1)*

What does Zarathushtra say in his very first verse of his Gathas (Ahunavaiti Gatha Yasna 28.1)?

| Ahyaa yaasaa né manghaa ustaanazastô rafé dhrayaa, | With uplifted hands and deep humility, I beseech, |
| Manyéush Mazdaa pourvîm spentahyaa ashaa víspéng shyaô thanaa | O Mazda, first and foremost this: The abiding joy of Progressive Mentality. Grant that I perform all actions in harmony with righteousness |
| Vangheûsh khratûm manan ghô yaa khshnevîshaa gêushchaa urvaaném! | and acquire the wisdom of the good mind, So that I may bring happiness to the soul of the Universe. |

In the very first verse of his Gathas, Zarathushtra prays to Ahura Mazda with out stretched hands and humility – it reminds us of the age old custom of praying to Ahura Mazda with our out stretched hands.

He then requests the abiding joy of Progressive Mentality so that he can perform all his actions in harmony with righteousness.

And finally, the most important of all, he requests the wisdom of Good Mind so that He can bring happiness to the whole Universe.

In this last statement, Zarathushtra wants to take care of Mother Earth and His creations of Fire, Water, Air, Vegetation, Animals and Human Beings!

Thus Zarathushtra has propounded the present day Green Movement, Earth Day, etc. some 3600+ years ago!

So, it is our bounden duty to take care of all these creations of Ahura Mazda